

ADLENT CALENDAR



PLEASE USE HASHTAG **#ADLENTCALENDAR** TO SPREAD THE WORD

UHT Whole Milk (Blue) 01	Cereal 02	Jam 03	UHT Fruit Juice 04
Soap 05	Toothbrush 06	Toothpaste 07	Shampoo 08
Porridge 09	Tin of Corned Beef 10	Tin of Spaghetti 11	Tin of Tomatoes 12
UHT Semi Skimmed Milk (Green) 13	Nappies/ Sanitary Product 14	Washing Powder 15	Cleaning Product 16
Pasta Sauce 17	Pasta 18	Tinned Ham 19	Tinned Fish (not Tuna) 20
Tea/ Coffee 21	500g bag Of Sugar 22	Instant Coffee 23	Squash 24
Tin of Fish 25	Instant Mashed Potatoes 26	Sturdy Bags for Life 27	Tin of Rice Pudding 28
Tinned pork 29	Shower Gel 30	UHT Milk 31	Soap Bars 32
Tin of Meat 33	Instant Mash 34	Jam/Honey/ Peanut Butter 35	Tinned/Sponge Pudding 36
Tin of Fruit 37	Custard 38	Easter Treat 39	Easter Treat 40

Please bring donations to:

Our Warehouse, 17 Castle Rd., Kings Norton
Business Park, B30 2HZ, Tuesdays and Fridays 2.00
– 4.00pm

www.b30.foodbank.org.uk

info@b30.foodbank.org.uk
07582 143972

Registered charity in England & Wales (1143091), part of the Trussell Trust network.
Thank you for your support.

