

## Most needed items

Blue long-life Milk, Tinned Macaroni Cheese, Tinned Tomatoes, Tinned Spaghetti, Long-life Fruit Juice, Rice and Jam.

See Page 6 for Collection Points



May 2020

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## Cov-19 emergency changes



- B30 Foodbank has been operating a delivery service from the B30 warehouse since 29th March.
- Clients are now referred to us by e-voucher. There are no red vouchers. Cotteridge Church is closed.
- Only those who do not have money to buy the next three days food should be referred to B30 Food bank
- B30 Foodbank is working with The Active Well-being Society and The Project to receive telephone requests for help. A big thank you to them both.
- Our versatile volunteers are now packing bags of food at the warehouse and arranging deliveries.
- Many thanks to Bournville Village Trust who are delivering food for us. Jess, Dan and Ann and the team at BVT you are brilliant !
- So many people to thank in these challenging times ... but most importantly...



**Thanks to our donors who continue to supply us with food and cash. Without you we could not continue to provide emergency food for local people in crisis.**

## B30 Foodbank Statistics: May 1st 2019 - April 30th 2020

Total number of people fed in the last 12 months  
9278

Total number of adults fed in the last 12 months  
5586

Total number of children fed in the last 12 months  
3692

Total number of Kgs of food received in the last 12 months  
100165Kgs

Total number in Kgs of food given out in the last 12 months  
89395 Kgs

Total number of voucher holder agencies who refer clients  
269

## Trussell Trust and other charities -Joint call to Government for a Coronavirus Emergency Income Support Scheme that can help us all weather this storm

- In just a few short weeks the economic impact of the coronavirus pandemic has been felt in households across the country. The scale of financial hardship we are seeing is alarming - new figures from the Trussell Trust show an 81% increase in people needing support from food banks at the end of March to prevent them going under, compared with the same time last year.
- We welcome the steps that the Government has taken in the form of the Jobs Retention Scheme and the Self-Employed Income Support Scheme, and increases to various welfare benefits. These measures are providing a vital anchor to hold people steady and may help to prevent many from being swept into poverty. However, we are still seeing many people relying on our charities for support to stop them being pulled under, because these schemes are not giving them everything they need to stay afloat.
- Now is the time for the Government to build on the measures to date and introduce a time limited Coronavirus Emergency Income Support Scheme. This scheme would provide a temporary set of measures to offer a lifeline to people already experiencing, or at high risk of, financial hardship.  
Read more... [here.](#)

## Letter to Churches from Trussell Trust

An area of concern that we need to bring to the attention of the Christian community is the emergence of new emergency food distribution services as churches react to the current crisis.

We understand that churches will want to support those who are most vulnerable at this time, and our own experience tells us that churches have the potential to mobilise people rapidly as a tremendous force for good in society.

However, a proliferation of new emergency food distribution initiatives aimed at those in financial crisis will make it much more difficult to track the extent and drivers of acute poverty in the UK, making it more difficult to advocate for policy change, and pushing the goal of a UK without the need for food banks further into the future than is necessary.

We believe that everyone should have the dignity of being able to buy food for themselves and their families. We are therefore seeking churches' backing as we work not only to respond with compassion but also to seek justice when it comes to the problem of acute poverty in the UK.

We are urging churches to support existing food banks rather than starting up new emergency food distribution initiatives aimed at those who are facing acute poverty at this time.

Read more about this in our letter to national church leaders [here.](#)

## APPRECIATION AND THANKS TO ROGER COLLINS

Huge thanks to Rev. Roger Collins for his leadership in establishing and leading a large and successful foodbank, as he steps down as our Project Manager. Without Roger there would be no B30 Foodbank. Roger was relentless in his determination to set up a foodbank in South Birmingham. He saw real need and did something about it. His tireless dedication and commitment are astonishing. He has devoted thousands of hours over the last seven years to providing emergency food for local people in need.



Roger is reducing his role but he'll still be one of the B30 Foodbank Management Team. So the good news is that you'll still see him at B30 Foodbank driving the van to collect donations, delivering vouchers, analysing statistics and doing a dozen other things. We have a poster in the room at the back of the B30 Foodbank. It says "**KEEP CALM and FEED THE HUNGRY**". That's exactly what Roger Collins has done for the last 7 years and continues to do. Many desperate local people have been fed because of his vision. He put his concern into action and made a difference.



**Roger collecting a donation of food**

## Green Heart Runners go for B30 Foodbank Gold

What a fantastic job the Green Heart Runners did for B30 Foodbank. When Hasan Patel first contacted us we had no idea that they would raise the amazing sum of **£3,341.45**

The runners are all members of staff at the **University of Birmingham**. Lockdown ?? No problem! They put on their running shoes and did a sponsored virtual group run from their homes. Genius.

The money raised will go towards a much needed new **B30 Foodbank van**. A massive 'Thank you' from the team at B30 Foodbank and from our clients who are local people in need of emergency food.



## Meet the Volunteer - Joan

Having enjoyed a long career spanning forty- two and a half years' in nursing, twenty-six years based at Selly Oak Hospital and the remainder at the Queen Elizabeth Hospital, Joan did not want to retire completely. She wanted to continue to be active and support the community in which she lives.

Joan became a volunteer at the Foodbank from its inception, having been present at the meetings, which proposed and planned for the opening of the B30 Foodbank. Joan said, *"I had never heard of foodbanks at that time"*.

She remembers initially there was as few as ten volunteers and on some days only two or three clients. Joan also remembers occasions when they had as many as twenty clients as being really busy days.

Joan works as part of a team known as the 'pickers and packers.' Having received the information regarding the client they quickly set about filling out all necessary documentation and preparing the food parcels for individual clients as appropriate.

The knowledge and skills Joan has from her time as a nurse support her volunteering role. Joan is very aware of nutritional needs and this helps in knowing what foods to provide clients with especially clients with special dietary needs for example, diabetics, those clients needing halal food and clients who are homeless. The foodbank makes use of Joan's skills as a First Aider, often calling on her to support clients if they arrive unwell or become unwell whilst they are visiting.

The changes in procedures at the foodbank due to Coronavirus have enabled Joan to continue to support the team whilst following social distancing. This has allowed Joan to see first hand what a tremendous job volunteers based at the warehouse do.

Joan feels that her voluntary role as a member of the B30 Foodbank has enabled her to continue to use her knowledge, skills and energy to keep active and make a difference to people in crisis in her community.



# Donations

Thank you to all of you who have very generously donated to the B30 Foodbank to feed local people in crisis during these very difficult times.

## Food Items currently needed



### *Shopping list*

- Blue Long-life Milk
- Tinned Tomatoes
- Tinned Macaroni Cheese
- Tinned Spaghetti
- Rice
- Jam



## Where can I give food donations ?

You can give food donations at the following Collection Points

- CO-OP at Cotteridge, Dads Lane, Vicarage Road and Kings Norton.
- Sainsbury's at Kings Heath and Longbridge.
- Asda at Barnes Hill
- Lloyds Bank at Cotteridge, Rubery and Northfield.
- Jack's Supermarket at Rubery
- Rowheath Pavilion (in doorway)



## Financial donations are very welcome at this time.

We have increased financial costs to pay rent for our warehouses, 'fitting out' the second warehouse and the cost of a second van since we have become a delivery only service in the present crisis.

To make a Gift Aided Single Donation or to set up a Standing Order with Gift Aid please email [info@b30.foodbank.org.uk](mailto:info@b30.foodbank.org.uk)



To make on-line donations through our JustGiving page [Click here](#)

Taking delivery of our much needed van for the foodbank



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# COVID-19 CRISIS THE PROJECT B30 FOODBANK HOW WE CAN HELP



registered charity  
number 1015436



## Struggling during the Covid-19 Outbreak?



Our advisors offer totally free, friendly and impartial advice on Housing, Debt, Welfare Benefits and Crisis Support!

**Get in touch now...**

**Call: 0121 453 0606 / Whatsapp: 07974 106813**

**Email: [info@theprojectbirmingham.org](mailto:info@theprojectbirmingham.org)**

**Lines open: Mon-Thu 10-3pm / Fri 10-12pm**

For up-to-date information visit:

**[www.theprojectbirmingham.org](http://www.theprojectbirmingham.org)**



## Keeping in Touch

“One way to keep in touch with what’s going on at the foodbank, as well as seeing pictures of volunteers and donors, is through our three social media channels.

The foodbank has pages on *Facebook*, *Twitter* and now *Instagram*. We try and keep them simple, bright and positive. So, if you’ve got the tech, a smart phone, laptop or tablet, why not have a go at interacting with one of the foodbank pages? Just search for B30 Foodbank on any of the platforms and hopefully you can see what we’ve got going on.”



**New Collection Point at Jack’s Supermarket**

**Thank you to Bournville United Reformed Church for their generous donation.**




KEEPING IN TOUCH

**B30 Foodbank, The Cotteridge Church, 24 Pershore Road South, Cotteridge, B30 3EJ**

**The Warehouse , Unit 17, Castle Road, Kings Norton Business Park, B30 3HZ**

**B30 FB Warehouse is open Tuesdays and Fridays 2pm –4pm**


 **07582 143972 Client inquiries**  
**07985 629201 Warehouse phone**

 **info@b30.foodbank.org.uk**

 **www.b30.foodbank.org.uk**

 **Facebook.com/B30foodbank**

 **twitter.com/foodbankB30**

 **@B30\_Foodbank**